

# A Program for Anat Baniel Method Practitioners: **TEACH *MOVE INTO LIFE*** *THE NINE ESSENTIALS FOR LIFELONG VITALITY* **PRESENTATIONS AND WORKSHOPS**

**Deadline for signing up is April 20, 2009**

Anat has created a *Move Into Life* program for ABM practitioners.

There are three programs available:

- 1) 2 hour presentation/class
- 2) 4 hour workshop (will also receive the 2 hour presentation/class)
- 3) 6 hour workshop (will also receive the 2 hour and 4 hour workshop)

Each program includes:

- Written curriculum to include TMLs, theoretical materials, suggested structure for each of the levels received
- 2 one hour coaching sessions with Anat via teleseminar; one at the end of April and the 2<sup>nd</sup> one in May. This will be available online approximately 3-4 weeks later for repeat listening
- Listing of ABM practitioners offering MIL classes/workshops on ABM Website
- *Move Into Life* books as detailed below

Number of MIL books received for each level:

- 1) 2 hour presentation/class
  - a. Single practitioner cost: \$450; receives 25 books
  - b. Two practitioners cost: \$324 per practitioner; receives 18 books each
  - c. Three practitioners cost: \$270 per practitioner; receives 15 books each
- 2) 4 hour workshop (will also receive the 2 hour presentation/class)
  - a. Single practitioner cost: \$850; receives 50 books
  - b. Two practitioners cost: \$595; receives 35 books each
  - c. Three practitioners cost: \$510; receives 30 books each
- 3) 6 hour workshop (will also receive the 2 hour presentation/class and 4 hour workshop)
  - a. Single practitioner cost: \$1600; receives 100 books
  - b. Two practitioners cost: \$960; receives 60 books
  - c. Three practitioners cost: \$800; receives 50 books

Please circle the program you are interested in and include your partners' names.

Books will be ordered on your credit card and delivered directly to you, the cost will be reimbursed by ABM. Any difference that will appear on your credit card will be reimbursed to you by ABM. Please call or fax your credit card information to us.

NAME: \_\_\_\_\_ Credit card: Visa/MC \_\_\_\_\_ exp. Date \_\_\_\_\_ V-code \_\_\_\_\_

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